

The Practices

Galatians 5:16-25

Let's '**WALK BY**' the Spirit

Galatians 5:16-17

'Walk' = our daily ongoing **PROGRESS** through everyday life

'By the Spirit' = We rely on His **POWER**, not our own willpower

Action step – Hoist the **SAIL** before leaving the house

Outcome = God will **GUIDE** our walk throughout the day

Let's be '**LED BY**' the Spirit

Galatians 5:18; Romans 6:13, 19

'Led' = **ALLOW** ourselves to be guided, directed, moved

'By the Spirit' = An **OUTSIDE** force who knows the better way

Action step = Hear and follow the Spirit's **NUDGES**

Outcome = I can grow to **SIN** less and **OBEY** more

Let's '**LIVE BY**' the Spirit

Galatians 5:25

'Live' = points to **SPIRITUAL** life, health, and growth

'By the Spirit' = **DEPENDENT** upon for spiritual health and life

Action Step = **RE-CONNECT** each day

Outcome = Deep spiritual **WHOLENESS** and connection with God

Let's '**KEEP-IN-STEP**' with the Spirit

Galatians 5:25

'Walk' = **MARCH** in step and rhythm

'By the Spirit' = He is the 'drum major' setting the **CADENCE**

Action Step = **PACE** your life schedule with God's cadence

Outcome = A more **MANAGEABLE** life rhythm

Take-a-ways

Hoist the **SAIL**... Follow the **NUDGE**...

RECONNECT Daily with God... Keep God's **PACE**...

Auburn Grace Community Church – September 20th, 2026

Life Application Questions – September 20, 2026

Galatians 5:17 *For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please.*

DISCOVER (Read Galatians 5:16-26)

1. What grows in your garden without your help? What grows with your help? Which one of the two types are you most familiar with? Explain.
2. Are you a spiritually different person today than you were a week ago? Why is that?
3. If you are a follower of Christ, what natures reside in you? What does it mean to "die to self" and whose responsibility is it? How does understanding the role of the Holy Spirit help you in resisting the desires of the flesh?
4. If we are made alive by the Holy Spirit, why do we still struggle with sin?
5. How can we "walk by the Spirit" in our daily lives? How can Scripture and prayer be used as tools to combat the desires of the flesh in your life?

EXPLORE

1. Read Galatians 5:25. This verse implies that "living" by the Spirit and "walking" by the Spirit are two different things. Distinguish between the two.
2. What kind of fruit might you enjoy by conscious dependence on the Holy Spirit?
3. What does Galatians 5:18 mean in terms of Christian liberty and responsibility?
4. How can we discern the nudges of the Holy Spirit in our decisions and actions?
5. Read Romans 6:13, 19. Theologically and practically, how is slavery to the Holy Spirit freedom from sin?
6. How can you know with certainty that the Holy Spirit has taken-up residence in you?

EXPERIENCE

1. What are some practical steps we can take to ensure we are living by the Spirit and not reverting to legalism? What are some evidences that we are trying to "live under the Law?"
2. Re-read Romans 6:19. How does the concept of slavery to righteousness challenge or encourage you in your personal walk with Christ? What are some practical steps you can take to transition from old habits of sin to new habits of righteousness?
3. Pastor Phil gave us four practical tools to put in our spiritual toolbox. Distinguish between:

- Walking by the Spirit
- Being led by the Spirit
- Living by the Spirit
- Keeping in-step with the Spirit

Of the four ideas, which one needs to be shored-up the most in your life? How can your Life Group help you grow in this area?

4. How would you respond to someone if they said, "Why do you believe you have the Spirit of God living inside of you?"

PRAY

Father God, I am not perfect in my walk with You. I frequently take the lead, expecting You to follow. Forgive me. Have mercy. I desire in every way to live by the promptings of Your Spirit in me. Show me the areas in my life that must decrease so that You would increase. Amen.