# Mom, Be Encouraged

God SEES you. Genesis

16:13

He sees you even when you feel invisible.

# God **STRENGTHENS** you.

Isaiah 40:29-31

He provides His presence and supernatural strength for you when you're weary, overwhelmed, or discouraged.

## God **STANDS** with you.

### God Is Your Shade and Keeper

Psalm 121:5-6

He stands at your side—your protector, your helper, your faithful presence in every part of your day.

God **Holds** You Up

Isaiah 41:10

When you feel overwhelmed or inadequate, God is standing with you, upholding and helping you.

God Feels Your Pain

Psalm 34:18

When motherhood breaks your heart or weighs you down, God doesn't back away—He draws near.

### God **Rejoices** Over You

Zephaniah

3:17

He not only stands with you—He delights in you. He sees your heart and celebrates your faithfulness.

### God **Supports** You

2 Timothy 4:17

He doesn't just send strength; He *is* present with you. You are not raising your children alone. God stands with you.

# God **REWARDS** you

### **Generational** Faith

2 Timothy 1:5

Your faith-filled parenting may be the reason your grandchildren and great-grandchildren know Christ.

### Godly Wisdom in Children

Proverbs 14:1, 22:6

A mother's influence lays the moral and spiritual foundation that can last a lifetime.

#### Gratitude from Children

Proverbs 31:28

Faithful mothering often brings about deep respect and gratitude from those you've raised—even if it comes later in life.

#### Salvation's Influence

1 Timothy 2:15

Your role as a mother is part of God's salvation story, pointing your children to Jesus.

#### **Eternal** Reward

Galatians 6:9

Every diaper changed, tear wiped, and prayer whispered is part of a harvest you will reap in God's timing.

#### **Life Group Discussion Questions – May 11, 2025**

**Proverbs 31:28-29** Her children rise up and bless her; her husband also, and he praises her, saying: "Many daughters have done nobly, but you excel them all."

#### **DISCOVER**

- 1. What one life lesson do you think most moms want their children to know? Why is this particular life lesson important to you?
- 2. In what ways do you remember your mother protecting you? How is raising children today different than when you were a kid? How can moms protect their children from the threats of our contemporary culture? Make a list of the threats.
- 3. When and where have you seen a mother's faith being passed-on to her children? Compare and contrast a Christian mother's responsibilities with her secular counterpart.
- 4. What were some of the wise sayings your mother would repeat, trying to instill these pearls of wisdom in you? What does this say about her attitude and discernment? Was she aware of her personal strengths and gifts? Explain.

#### **EXPLORE**

- 1. Why do you think it's so hard for a parent to transfer genuine faith to their children? What changes when only one parent is a believer? (see Acts 16:1)
- 2. In Genesis 21:12, God tells Abraham to listen to Sarah. Had listening to Sarah been a problem for Abraham? What makes you a good listener? What makes you a poor one? Are you a good listener with some and not for others? Why do you think that is? How can you be a better listener of your spouse?
- 3. Read Deuteronomy 6:5-7. How does a long family lineage of Christ followers work to cultivate generational faith? In what ways can this heritage actually work to discourage a person's faith?
- 4. There are several places in Scripture where God's love is compared to a mother's love (e.g., Isaiah 49:15; Isaiah 66:13; Matthew 23:37; Psalm 131:2). How are these verses a helpful comparison for you?
- 5. Read 2 Timothy 2:2. How many generations do Paul's mandates apply to? As Christians, why must we entrust these obligations to faithful believers?

#### **EXPERIENCE**

- 1. Instead of honoring the moms/women in our lives only once a year, what are some practical ways that we can live in perpetual respect and honor for them, so that they feel valued, appreciated, utilized and thought of throughout the year?
- 2. As Christian moms and dads, how can we make God real to our children as we teach them that God is indeed watching over them? How can we demonstrate to them that God is just? How can we teach our kids to use bad situations to make them more faithful to God?
- 3. For some in your Life Group, contending with grief on Mother's Day is a stark reality. As a group, pray that they are touched by Love on this special day; that through the pain, their burdens are seen and shared; that their losses are honored and that healing takes place. (see Romans 12:15)
- 4. A young mom says to you, "You haven't gone through what I'm dealing with, so you don't understand." She may be trying to disqualify you from speaking into her life. How should you respond?
- 5. How can you demonstrate to your mother that one of her prayers for you has been answered?

#### **PRAY**

Pray... Father God, we come to You on behalf of the mothers whom You have entrusted with the care of our children. Give our moms the sustenance and strength they need especially when they are under-appreciated. Lord, we pray that You would heal the hurts and pains that we have caused our moms and replace them with Your peace and joy. Amen