

Sacred Rhythms

Week 3 - **Pretty Please with Sugar on Top**

Sacred Rhythm = practices, habits, routines that mark us as Christians and strengthen our daily walk with Jesus

How many times does God ask us to:

- 1) Love one another
- 2) Tell others about Him
- 3) NOT worry
- 4) Pray
- 5) Help the needy
- 6) Make disciples

Jeremiah Jr 1

DISGRACED priesthood: Too **YOUNG**; NO **EXPERIENCE**, **RESPECT**, **COURAGE**, **DESIRE**

Abraham Gn 12

Moses Ex 3

Paul Acts 9

The Sacred Rhythm of Discipleship – Mt 28:18-20

“Pretty please with sugar on top, I’m asking you nicely if you could find a little time in your very busy schedule to try and be ready just in case someone comes along and asks you for a few pointers on how they can be a better Christian.”

P.S. I said, “Pretty please.”

- 1) What is Discipleship? Mathema = to learn, mathematics = learn how to think/use numbers, process logically. Intentionally **INVESTING** my **TIME**, **TALENTS**, **GIFTS**, **ABILITIES**, and **RESOURCES** to help others obediently walk with Jesus.
- 2) Discipleship is **NOT** a request; It is a **COMMAND**; a command with **OPTIONS**. I will obey or I won’t obey. This is NOT a one-time decision. It’s a **CONTINUOUS** choice. How **OFTEN** and in what **MANNER** depends on the **OPPORTUNITIES** and the **WISE** use of resources. James 1:5
- 3) The benefits of discipleship
 - a) It puts a **SMILE** on God’s face. 2 Co 5:9
 - b) It benefits the **BODY** of Christ. Ep 4:11-16
 - c) It holds us **ACCOUNTABLE** before others. Pp 4:9
 - d) God **PROMISES** to **REWARD** us. Mt 25:14-28
- 4) Excuses/Reasons for not Discipling:
 - Don’t have **TIME**
 - Don’t know anyone who needs **ME**
 - Don’t know **HOW** to
 - Don’t **WANT** to
 - It’s too **RISKY**

“All authority has been given to me in Heaven and in the earth; in the manner in which my Father has sent me, I am sending you.” **19**“Therefore go disciple all the nations and baptize them in the name of The Father and The Son and The Spirit of Holiness.” **20**“And instruct them to keep everything whatever I have commanded you, and behold, I am with you every day, even unto the end of time. Amen” Mt 28:18-20 **Peshitta Bible**

“I, the King of the universe, give you the assignment to intentionally seek out as many opportunities as you can to invest the time, talents, gifts, abilities, and resources I have given you to help others obediently walk with Me.”

P.S. Our relationship will be the closest when I am working in you to fulfill this assignment.

P.P.S.S. I’m **NOT** asking!

Body Life Pastor Greg Hummel
Auburn Grace Community Church – June 2nd, 2024

Does God expect me to disciple others?

¹⁶ Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. **Colossians 3**

⁵ Walk in wisdom toward outsiders, making the best use of the time. ⁶ Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. **Colossians 4**

¹⁴ And we urge you, brothers, admonish the idle, encourage the fainthearted, help the weak, be patient with them all. ¹⁵ See that no one repays anyone evil for evil, but always seek to do good to one another and to everyone. **1 Thess 5**

²⁴ And the Lord's servant must not be quarrelsome but kind to everyone, able to teach, patiently enduring evil, ²⁵ correcting his opponents with gentleness. **2 Tim 2**

¹ I charge you in the presence of God and of Christ Jesus, who is to judge the living and the dead, and by his appearing and his kingdom: ² preach the word; be ready in season and out of season; reprove, rebuke, and exhort, with complete patience and teaching. **2 Tim 4**

¹³ But exhort one another every day, as long as it is called "today," that none of you may be hardened by the deceitfulness of sin. **Hebrews 3**

²⁴ And let us consider how to stir up one another to love and good works, ²⁵ not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near. **Heb 10**

²¹ keep yourselves in the love of God, waiting for the mercy of our Lord Jesus Christ that leads to eternal life. ²² And have mercy on those who doubt; ²³ save others by snatching them out of the fire; to others show mercy with fear, hating even the garment stained by the flesh. **Jude**

¹⁴ I myself am satisfied about you, my brothers, that you yourselves are full of goodness, filled with all knowledge and able to instruct one another. **Romans 15**

Life Group Discussion Questions – June 2, 2024

Jeremiah 1:7-8 *But the LORD said to me, “Do not say, ‘I am a youth,’ because everywhere I send you, you shall go, and all that I command you, you shall speak. Do not be afraid of them, for I am with you to deliver you,” declares the LORD.*

DISCOVER

1. Today people don't like mandates. We don't like being told what to do. Do you agree or disagree? What is at the root of this reluctance? As Christians, don't we truly believe God's commands are good for us? What happens to our relationship with God if we are better at saying "no" to Him than "yes"?
2. Make a list of God's commands that are lightly regarded in most churches. Are we then outside of His will? Are we in sin as a result?
3. Define the word "discipleship." Do you live to be a discipler? If not, what are you living for?
4. Describe a time when you forced yourself to learn/do something that you didn't want to learn/do? Did you learn/do it well? How are you different as a result?

EXPLORE

1. Recall the commission of Moses in Exodus 3:10 – 4:17. Then read Amos 7:14-15. Compare and contrast Jeremiah's response to God's prophetic appointment to the one's of Moses and Amos. What are the relative magnitudes of the tasks? What common denominators are there for us to hold onto?
2. What are the various meanings of the word "calling"? Discuss what it means to be called by God. What are some of the things ordinary Christians are called to do or be? What does it mean to be compelled to do something? Where does the mindset of compulsion originate from in non-believers? How about in Christians? What makes speaking truth (forthtelling) so compelling to Christians?
3. Read Jeremiah 1:4-10. What would ultimately make Jeremiah, an inexperienced boy who is not good at public speaking, willing to obey God's marching orders? What was at stake?
4. In Philippians 4:9, the Apostle Paul says, "Do the things you've seen me do." What is the intention of copying behavior? How is this an accountability opportunity in the disciple-making process? Is it possible to teach others to obey God? How so?
5. Read Matthew 5:10-12. In what ways are we blessed when we are persecuted? Why is steadfast obedience frequently followed by persecution (spiritual oppression)?

EXPERIENCE

1. How can you invest your God-given resources to make disciples?
2. Is it possible to know with certainty that God is directing you to say or do something? Explain.
3. What are the benefits of continually being a disciple-maker? What excuses have you made in your heart for not being an intentional disciple-maker? What will you do to change that and obey God? (see Matthew 28:19-20)
4. Read Acts 1:8. If you are a Christian, then the Holy Spirit has come upon you. How have you fared on the mandate of being Jesus' witness? What areas are you doing well in? What areas are virtually non-existent? How can your Life Group help you?
5. After hearing Pastor Greg's sermon, what would you say is your take-away "sacred rhythm"? How will you integrate this in your spiritual journey? Will you be a better "obey-er"?

PRAY

Pray...Thank You for Your calling, even though it's not always easy. Give me strength to live-out Your marching orders; to be renewed daily; to be eager and willing to be conformed and to be made into Your image. To You alone be the glory, forever. Amen.