

Rock Solid

Foundations for Families: Value, Roles, Servant Hearts

A strong Marriage and Family requires **INTENTIONALITY**

Minimizing the '**ENEMY**' that's within us Genesis 1:27-3:20

Adam's family life tendencies: **PASSIVITY** or **DOMINANCE**

Eve's family life tendencies: **DEVALUING** motherhood or **CONTROL**

Resisting the '**ENEMY**' that's against us

That Garden **SERPENT** is still tempting us 1 Peter 5:8

The **ARMAMENT** of resistance Ephesians 6:10-18

Proactive Resistance: **PROTECT**, pray, **PROCLAIM**
2 Cor. 2:11; James 4:7; 1 John 2:16; Jude 1:9

Enacting the **POWER** for victory Galatians 5:16-17, 22-23

A **CORD** of three strands is God's plan Ecclesiastes 4:12

Some **NEEDS**, some **STRENGTHS** are only provided by God

A **PATH** to Victory James 1:14-15, 22-25; 1 Cor. 10:13

PREEMPTIVE steps: A Routine of Spiritual **HABITS**

Humble **PRAYER** times, **BIBLE** reading, and **COMMUNITY**

Mutual **DUAL** Submission; to **God** and to **one another**

RULES of engagement: Our **BATTLE** plan

Temptation's attack →	← God's countermeasures
Enticement arrives	God filters its strength
Enticement is carried away	Spirit convicts to stop
Lust is conceived	God's escape hatch
Sin is birthed	God's escape hatch
Action is taken	God's forgiveness available

Auburn Grace Community Church – July 31st, 2022

Life Group Discussion Questions – July 31, 2022

Galatians 5:16-17 *But I say, walk by the Spirit, and you will not carry out the desire of the flesh. For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please.*

DISCOVER

1. How is the temptation to sin like a lure to a fish? Make no mistake, temptation will never cease on this side of heaven. Therefore, if we know it's coming, how can we prepare? How can we escape temptation? (see Hebrews 4:15)
2. What is the difference between tactics and strategy? What are some of the tactics of our enemy, the devil? What is his strategy? How does a military field general develop countermeasures? Comparatively speaking, can we do the same when dealing with our adversary?
3. Describe a time when you knew you were under spiritual oppression. Was this a random assault? Did temptation play a role in the attack? Why do you think this happened to you?

EXPLORE

1. Read James 1:13-15. As a group, identify the stages of digression as a result of lingering in temptation. Where do you see the stages in the account of the Fall of Man? What does the tendency to blame others reveal about the human heart? (see Genesis 3:1-6)
2. James 1:13 says that God cannot be tempted. Yet Jesus was led by the Holy Spirit into the desert to be tempted. (see Matthew 4:1) Why can't God be tempted? Consider the definition of temptation.
3. In his sermon, Pastor Phil defined the term "proactive resistance." What are the three elements of proactive resistance to the attacks of the adversary? What safeguards do you have in place right now? What "gates" are up and doing their job? What part does prayer have in resisting the devil?
4. Read Matthew 16:21-23 and Jude 1:9. What was going on in terms of spiritual conflict in each case? How were they resolved? What is the implication of the imputed authority in Christ that we have been given? What did Phil mean by "declaration" when he talked about proactive resistance? How and when do we declare something?

EXPERIENCE

1. Using the format that James gives us in 1:13-15, dissect the conceived sins of gossiping and criticizing someone. What does it take to have a plan that leads to victory over these common pitfalls?
2. How can the routines of praying or diligently reading your bible or being in Christian fellowship be pre-emptive habits prior to encountering and dealing with temptations?

PRAY

Pray...Father in Heaven, the desires of my flesh lead me away from You. I am helpless to resist. Fill me with the power of Your Holy Spirit, that I might not sin against You. Compel me in obedience to short-circuit the treacherous paths the moment they first appear; that Your word would sound an unmistakable alarm in my heart and soul.
Action...Report back to your group the victories you gained in fighting the temptations you faced this past week.