

SCHEMES

Part 4

Let's **Describe** our enemy; Let's **Define** his schemes;
Let's **Defend** ourselves and our families

How to defend yourself and your family...

SATURATE your mind and heart with God

and His Word Matthew 4:1-10; Psalm 119:9,11

Fill up your spiritual **WAREHOUSE**

Listen to your **CONSCIENCE**

A **CLEAN** heart is a **PROTECTED** heart

James 4:8-10; 1 John 1:7-10

Keeping **FELLOWSHIP** with God open

How do you manage **CONFESSION**, **REPENTANCE**?

REPEL him by **STANDING** firm

Ephesians 6:10-18; James 4:6-10; 1 Peter 5:8-10

Intentional arming through **PRAYER**

Intentional **RESISTANCE** in Jesus' name

PRESERVE your strength

Exodus 20:8-11, 23:12; Mark 6:7-13, 30-32; Luke 5:16

Set **MARGINS** for refreshment and reflection

Check your **H.A.L.T.** gauges

Schedule your **SABBATH** rhythm

Practice **SOUL** refreshment

Life Group Discussion Questions – September 12, 2021

Psalm 91:1-3 *One who dwells in the shelter of the Most High will lodge in the shadow of the Almighty. I will say to the LORD, "My refuge and my fortress, my God, in whom I trust!" For it is He who rescues you from the net of the trapper and from the deadly plague.*

DISCOVER

1. In your family life, what have been some of the sources of misunderstandings and disagreements among you?
2. What does it mean to keep the Sabbath holy? How are you doing in this area?

EXPLORE

1. Though all sin, most people aren't under spiritual oppression as a result. How does habitual sin leave the door wide open for attacks from the adversary? Why is confessing these sins so difficult? How does confession work in the restoration process?
2. Read James 4:6-10. Make a list of the commands in this passage. There are three commands that promises are attached to and speak directly into our human nature. What are they and what are they referring to?
3. When we draw close to God, we should be convicted of our sin and compelled to cleanse our hearts. What does drawing close to Him mean? Why must we be the initiators of this process?
4. Re-read James 4:8. "Sinners" and "double-minded" are parallel ideas here. In what ways are sinners double-minded? Is James addressing justification or sanctification? Does your life make you look double-minded? How might you address this tendency?

EXPERIENCE

1. Why is humility at the heart of Christian repentance? How does humility work to defend us from the schemes of the devil?
2. Is self-exaltation a struggle for you? Are you one who is constantly in need of being recognized in some way? What ways are those? (i.e. life of the party, knowledge [always giving counsel], making sure you receive proper credit, etc.) How does the adversary leverage this pride to his advantage?
3. If we are unable to draw close to people, does this mean we have difficulty drawing close to God? Explain.
4. Describe the idea of "soul refreshment." What kinds of things fill-up your soul?

PRAY/ACTION

Pray... ask God to show you how He thinks of humility and that He would give you a heart that pursues that humility. Ask Him to show you your true identity in Him and how to resist the enemy by the power of the Holy Spirit in you.

Action... How can you live-out each of the following commands this week?

Submit to God

Resist the devil

Draw close to God

Purify your heart

Grieve, mourn & wail

Humble yourself before God